

NHRC Risk Assessment Form for Ride Leaders

Whilst leaders have to be conscious of safety at all times and constantly evaluate risk, it must be recognised that it is not possible or indeed desirable to entirely remove all risk from cycling activities. The main factor in managing risk is the quality, experience and judgment of the leader, whose purpose it is to ensure that consequences are acceptable. Leaders are expected to make decisions in the best interest of their clients and whilst they are required to be mindful of guidelines and standards of accepted practice, no attempt is made to interfere with their on the spot judgement.

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| **Activity** |
| **Activity** | Type of activity:Ride to Winchester via Stockbridge  |
| Date of activity: |
| Leading Environment:Public Roads | Start time: | Estimated finish time: |
| Estimated no:Varies.  |
| **Riders** | Club riders | Ability: Experienced. | Age: Varied |
| **Leaders** | Names: | Telephone: |
|  Tick here to confirm that the leaders are appropriately qualified - British Cycling and/or Cycling UK  |
| Risk assessment completed by:Luke Brashier | Date: 1/08/24 |

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| **General** |
| **Hazard description** | **People at risk** | **Control measures** | **Notes** |
| Fall from cycle | Riders, leaders | Riders wearing suitable and properly adjusted helmets. Route choice appropriate to the, skill level/experience of the group. Group informed of identified hazards. |  |
| Collision between two or more riders | Riders | Particularly when going downhill, single out, allow extra space between you and the rider in front, control speed and exercise caution. Communicate with others in the group, verbally and with hand signals.  |  |
| Traffic accident | Riders, leaders, members of the public | Clear instructions on speed, formation, spacing, signals and communication. Group briefed on problems of on-road sections and of dangers presented by others (eg vehicles, pedestrians, animals and other cyclists). Other staff and responsible adults deployed appropriately throughout the group. |  |
| Road Junctions, (Traffic Lights, Cross Roads, Roundabout, Multi Lane Junctions)  | Riders, leaders, members of the public | Control speed and exercise caution on approach. Stop as required. Always adhere to the Highway Code. Communicate with others in the group, verbally and with hand signals. |  |
| Narrow Lanes / Roads | Riders, leaders, members of the public | Control speed and exercise caution on approach. Stop as required. Always adhere to the Highway Code. Communicate with others in the group, verbally and with hand signals. |  |
| Canal Tow Paths | Riders, leaders, members of the public | Single out. Give way to pedestrians, other cyclists and animals. Always ride in a socially responsible way.  |  |
| Mechanical breakdown | Riders, leaders | Riders are responsible condition and maintenance of their bikes. Make sure your bike is services regularly. Carry appropriate tools/spares to carry out minor repairs on the road. The ride leader has the authority to stop a rider taking part in a ride if they think the bike is unsafe.  |  |
| Medical emergency | Riders, leaders | Riders are responsible for carrying any medication they may require. Riders are responsible for declaring any medical condition that affects their ability to ride in a group to the ride leader at least 24 hours in advance of taking part in a ride.  |  |
| Adverse weather conditions | Riders, leaders | Current forecast checked, advice given on appropriate gear and clothing, check gear immediately prior to ride. Have alternative routes in mind, modify/shorten if necessary. |  |
| Navigational error | Riders, leaders | Route made available in advance of the ride for review and to download to head units.  |  |
| Group separation/ missing group member(s) | Riders | Clear instructions to adult helpers/leaders: supervision of both head and tail of group. Leaders to remain in contact regularly.  |  |
| **Specific** |
| 0.4 miles – Crossing A340 | Riders, leaders | Busy road stop as required. |  |
| 6.3 miles - Crossing A339 | Riders, leaders | Busy road stop as required. |  |
| 10 miles – Fast descent from Hannington. T junction at bottom of descent. | Riders, leaders | Single out, control speed, stop as required at junction. |  |
| 29.2 miles– Crossing B3049 – Busy road. | Riders, leaders | Busy road stop as required. |  |
| 38.2 miles – Crossing B3049 | Riders, leaders | Busy road stop as required. |  |
| 39.2 miles – Very sharp right hand turn across traffic | Riders, leaders | Single out exercise caution, stop as required. |  |
| 41.4 miles – Busy roundabout | Riders, leaders | Stop as required. |  |
| 52.3 miles – Turning right across traffic. | Riders, leaders | Exercise caution, stop as required. |  |
| 56.9 miles – Joining B3400 | Riders, leaders | Busy road stop as required. |  |
| 61.9 – Crossing A339 | Riders, leaders | Busy road stop as required. |  |
| 63.7 – Crossing A340 | Riders, leaders | Riders, leaders |  |

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| **Comments/ Additional Notes (i.e. summary of medical conditions, route specifics etc)** |
| 64.2 miles2,798ft ascentAdvise all riders when approaching junctions to check to see if it is safe to cross/join a road, and not to rely on other riders saying safe or clear. It is the individual rider’s responsibility to make sure that it is safe to proceed.  |